



# Massage Menu



Hotel Margherita  
Amalfi coast

## FOUR HANDS EXPERIENCE

A unique four-handed treatment performed by Stefano and Valentina, creators of the Five Star Method. Their synchronized techniques create a continuous, enveloping flow that releases tension and offers a deep sense of well-being.

## FIVE STAR METHOD

An exclusive treatment created and patented on the Amalfi Coast. Gentle limb suspension encourages deep muscular relaxation and a delightful, overall feeling of lightness.

## STRETCHING MASSAGE

A targeted session designed to enhance flexibility and mobility, reduce stiffness, and help your body move more freely. Guided static and dynamic stretching brings ease, lightness, and fluid movement.

## HYDROTHERM MASSAGE

A soothing massage performed on warm water-filled cushions that adapt naturally to the shape of the body. You remain comfortably supine throughout the session, enjoying continuous relaxation. Gentle and recommended during pregnancy.

## FACE MASSAGE

A treatment that relaxes facial muscles, boosts microcirculation, and brightens the complexion. Ideal for easing daily tension and restoring a fresh, radiant appearance.

## RELAX MASSAGE

A personalized massage designed to release tension and promote deep relaxation. Choose between the silky touch of traditional oil or the warm, comforting feel of a cosmetic massage candle.

## INTENSE SPORT MASSAGE

An energetic, targeted treatment ideal for athletes. It works deeply on legs and arms through intensive techniques, stretching, and mobilization, supporting performance, recovery, and muscle vitality.



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## FIVE STAR METHOD

60 min · €150 / 90 min · €220

## FOUR HANDS EXPERIENCE

60 min · €250

## HYDROTHERM MASSAGE

50 min · €160

## STRETCHING MASSAGE

50 min · €140

## FACE MASSAGE

45 min · €130

## RELAX MASSAGE

45 min · €130 (oil) / €140 (candle) – 75 min · €200

## INTENSE SPORT MASSAGE

50 min · €140 / 80 min · €210

